



TRAIL RUN F5 - ETAPA 2

MURICI - AL 4.6.2023

TRAIL RUN F5

Cal Japa

TRAIL RUN F5

Course : 12 KM SOLO FEMININO 40-49

Distance : 13900m (Climbing 274m)

Time : 1:46:29,695 (7'40"/km)

8/18

O.K.

[Full result on Webres](#)

1.	Widja Da Silva Tenorio Tenorio	1:25:02,652
2.	Carla Moraes	1:31:49,664
3.	Eri Carla Ramos	1:33:40,925

1.	71	00:14:26		2840m	5'05"/km	SUBIDA NA MATA
2.	72	00:18:44	00:33:10	1740m	10'46"/km	DIVISÃO DE CATEGORIAS
3.	73	00:33:18	01:06:28	4520m	7'22"/km	RETORNO 12 KM
4.	74	00:33:11	01:39:39	4200m	7'54"/km	INÍCIO DESAFIO DO CRUZEIRO
5.	999	00:06:50	01:46:29	540m	12'39"/km	FIM DO DESAFIO - CHEGADA

HELGA



Orienteering Software