



TRAIL RUN F5 - ETAPA 2

MURICI - AL 4.6.2023

TRAIL RUN F5

Maria Cícera Moraes Segundo

NSA

Course : 12 KM SOLO FEMININO 40-49

Distance : 13900m (Climbing 274m)

Time : 1:40:42,160 (7'15"/km)

5/18

O.K.

[Full result on Webres](#)

1.	Widja Da Silva Tenorio Tenorio	1:25:02,652
2.	Carla Moraes	1:31:49,664
3.	Eri Carla Ramos	1:33:40,925

1.	71	00:12:55		2840m	4'33"/km	SUBIDA NA MATA
2.	72	00:19:11	00:32:06	1740m	11'01"/km	DIVISÃO DE CATEGORIAS
3.	73	00:30:11	01:02:17	4520m	6'41"/km	RETORNO 12 KM
4.	74	00:31:14	01:33:31	4200m	7'26"/km	INÍCIO DESAFIO DO CRUZEIRO
5.	999	00:07:11	01:40:42	540m	13'18"/km	FIM DO DESAFIO - CHEGADA

HELGA



Orienteering Software