



TRAIL RUN F5 - ETAPA 2

MURICI - AL 4.6.2023

TRAIL RUN F5

José Cícero

MUTUM

Course : 12 KM SOLO MASCULINO

Distance : 13900m (Climbing 274m)

Time : 1:46:25,500 (7'39"/km)

50/68

O.K.

[Full result on Webres](#)

1. Pedro Reis	0:55:50,027
2. Jackson Rodrigues	0:57:27,828
3. José Flávio Dos Santos	0:58:25,363

1.	71	00:14:29		2840m	5'06"/km	SUBIDA NA MATA
2.	72	00:18:34	00:33:03	1740m	10'40"/km	DIVISÃO DE CATEGORIAS
3.	73	00:33:39	01:06:42	4520m	7'27"/km	RETORNO 12 KM
4.	74	00:33:27	01:40:09	4200m	7'58"/km	INÍCIO DESAFIO DO CRUZEIRO
5.	999	00:06:16	01:46:25	540m	11'36"/km	FIM DO DESAFIO - CHEGADA

HELGA



Orienteering Software