



TRAIL RUN F5 - ETAPA 2

MURICI - AL 4.6.2023

TRAIL RUN F5

Ádger Fernandes Da Silva

AORE/AL-SERVANT

Course : 12 KM SOLO MASCULINO

Distance : 13900m (Climbing 274m)

Time : 1:31:56,562 (6'37"/km)

34/68

O.K.

[Full result on Webres](#)

1. Pedro Reis	0:55:50,027
2. Jackson Rodrigues	0:57:27,828
3. José Flávio Dos Santos	0:58:25,363

1.	71	00:13:32		2840m	4'46"/km	SUBIDA NA MATA
2.	72	00:15:18	00:28:50	1740m	8'48"/km	DIVISÃO DE CATEGORIAS
3.	73	00:26:42	00:55:32	4520m	5'54"/km	RETORNO 12 KM
4.	74	00:28:58	01:24:30	4200m	6'54"/km	INÍCIO DESAFIO DO CRUZEIRO
5.	999	00:07:26	01:31:56	540m	13'46"/km	FIM DO DESAFIO - CHEGADA

HELGA



Orienteering Software