



TRAIL RUN F5 - ETAPA 2

MURICI - AL 4.6.2023

TRAIL RUN F5

Alessandra Nascimento Lima

INSPIRE

Course : 6 KM SOLO FEMININO

Distance : 6790m (Climbing 211m)

Time : 1:11:47,097 (10'34"/km)

69/93

O.K.

[Full result on Webres](#)

1.	Ranubia Maria Da Silva Paz	0:36:25,320
2.	Daniela Alves Silva	0:38:51,742
3.	Silvania Galdino	0:39:45,679

1.	71	00:21:36		2840m	7'36"/km	SUBIDA NA MATA
2.	72	00:27:30	00:49:06	1740m	15'48"/km	DIVISÃO DE CATEGORIAS
3.	74	00:14:46	01:03:52	1670m	8'51"/km	INÍCIO DESAFIO DO CRUZEIRO
4.	999	00:07:55	01:11:47	540m	14'40"/km	FIM DO DESAFIO - CHEGADA

HELGA



Orienteering Software