



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Geert DEBYSER

Omega

Course : H:01

Distance : 5210m

Time : 1:04:51 (12'27"/km)

31/44

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:34:47
2. Willem BAKELANTS	0:36:30
3. Yannick MICHIELS	0:37:20

1.	39	00:03:03		335m	9'06"/km
2.	44	00:01:08	00:04:11	136m	8'20"/km
3.	49	00:01:58	00:06:09	102m	19'17"/km
4.	53	00:01:42	00:07:51	159m	10'42"/km
5.	57	00:01:52	00:09:43	105m	17'47"/km
6.	59	00:05:03	00:14:46	202m	25'00"/km
7.	61	00:02:11	00:16:57	189m	11'33"/km
8.	65	00:01:48	00:18:45	184m	9'47"/km
9.	63	00:01:21	00:20:06	77m	17'32"/km
10.	54	00:01:28	00:21:34	184m	7'58"/km
11.	50	00:01:22	00:22:56	104m	13'08"/km
12.	51	00:00:36	00:23:32	50m	12'00"/km
13.	45	00:01:02	00:24:34	64m	16'09"/km
14.	47	00:01:40	00:26:14	100m	16'40"/km
15.	41	00:02:10	00:28:24	248m	8'44"/km
16.	36	00:01:44	00:30:08	135m	12'50"/km
17.	31	00:00:59	00:31:07	120m	8'12"/km
18.	32	00:01:47	00:32:54	144m	12'23"/km
19.	49	00:01:03	00:33:57	84m	12'30"/km
20.	43	00:02:16	00:36:13	127m	17'51"/km
21.	42	00:00:29	00:36:42	38m	12'43"/km
22.	38	00:00:16	00:36:58	33m	8'05"/km
23.	36	00:00:42	00:37:40	53m	13'12"/km
24.	40	00:01:59	00:39:39	92m	21'33"/km
25.	46	00:02:25	00:42:04	256m	9'26"/km
26.	56	00:03:30	00:45:34	340m	10'18"/km
27.	52	00:00:55	00:46:29	91m	10'04"/km
28.	55	00:01:04	00:47:33	78m	13'41"/km
29.	58	00:02:37	00:50:10	238m	11'00"/km
30.	64	00:01:14	00:51:24	84m	14'41"/km
31.	62	00:02:05	00:53:29	132m	15'47"/km
32.	60	00:02:17	00:55:46	56m	40'46"/km
33.	45	00:04:52	01:00:38	382m	12'44"/km
34.	44	00:00:54	01:01:32	100m	9'00"/km
35.	33	00:01:21	01:02:53	146m	9'15"/km
36.	999	00:01:58	01:04:51	243m	8'06"/km