



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Noël NIJSTEN

Borasca

Course : H:01

Distance : 5210m

Time : 0:45:03 (8'39"/km)

10/44

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:34:47 |
| 2. Willem BAKELANTS | 0:36:30 |
| 3. Yannick MICHIELS | 0:37:20 |

1.	39	00:02:39	335m	7'55"/km
2.	44	00:01:01 00:03:40	136m	7'29"/km
3.	49	00:01:13 00:04:53	102m	11'56"/km
4.	53	00:01:14 00:06:07	159m	7'45"/km
5.	57	00:01:22 00:07:29	105m	13'01"/km
6.	59	00:01:34 00:09:03	202m	7'45"/km
7.	61	00:01:15 00:10:18	189m	6'37"/km
8.	65	00:01:22 00:11:40	184m	7'26"/km
9.	63	00:00:42 00:12:22	77m	9'05"/km
10.	54	00:01:13 00:13:35	184m	6'37"/km
11.	50	00:00:57 00:14:32	104m	9'08"/km
12.	51	00:00:24 00:14:56	50m	8'00"/km
13.	45	00:00:42 00:15:38	64m	10'56"/km
14.	47	00:01:18 00:16:56	100m	13'00"/km
15.	41	00:01:34 00:18:30	248m	6'19"/km
16.	36	00:01:14 00:19:44	135m	9'08"/km
17.	31	00:00:45 00:20:29	120m	6'15"/km
18.	32	00:01:10 00:21:39	144m	8'06"/km
19.	49	00:00:54 00:22:33	84m	10'43"/km
20.	43	00:01:39 00:24:12	127m	13'00"/km
21.	42	00:00:19 00:24:31	38m	8'20"/km
22.	38	00:00:19 00:24:50	33m	9'36"/km
23.	36	00:00:29 00:25:19	53m	9'07"/km
24.	40	00:01:40 00:26:59	92m	18'07"/km
25.	46	00:01:54 00:28:53	256m	7'25"/km
26.	56	00:02:15 00:31:08	340m	6'37"/km
27.	52	00:00:44 00:31:52	91m	8'04"/km
28.	55	00:00:42 00:32:34	78m	8'58"/km
29.	58	00:02:09 00:34:43	238m	9'02"/km
30.	64	00:00:47 00:35:30	84m	9'20"/km
31.	62	00:01:36 00:37:06	132m	12'07"/km
32.	60	00:00:29 00:37:35	56m	8'38"/km
33.	45	00:04:08 00:41:43	382m	10'49"/km
34.	44	00:00:43 00:42:26	100m	7'10"/km
35.	33	00:01:11 00:43:37	146m	8'06"/km
36.	999	00:01:26 00:45:03	243m	5'54"/km