



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Lies PROVOOST

Omega

Course : D:01

Distance : 5210m

Time : 0:58:28 (11'13"/km)

5/15

O.K.

[Full result on Webres](#)

1. Tille DE SMUL	0:40:34
2. Nele FAMAAY	0:47:40
3. Nancy TEUNCKENS	0:47:43

1.	39	00:03:44		335m	11'09"/km
2.	44	00:01:17	00:05:01	136m	9'26"/km
3.	49	00:01:43	00:06:44	102m	16'50"/km
4.	53	00:01:42	00:08:26	159m	10'42"/km
5.	57	00:01:52	00:10:18	105m	17'47"/km
6.	59	00:02:00	00:12:18	202m	9'54"/km
7.	61	00:01:36	00:13:54	189m	8'28"/km
8.	65	00:01:32	00:15:26	184m	8'20"/km
9.	63	00:01:06	00:16:32	77m	14'17"/km
10.	54	00:01:29	00:18:01	184m	8'04"/km
11.	50	00:01:09	00:19:10	104m	11'03"/km
12.	51	00:01:00	00:20:10	50m	20'00"/km
13.	45	00:01:25	00:21:35	64m	22'08"/km
14.	47	00:01:29	00:23:04	100m	14'50"/km
15.	41	00:01:57	00:25:01	248m	7'52"/km
16.	36	00:02:00	00:27:01	135m	14'49"/km
17.	31	00:01:01	00:28:02	120m	8'28"/km
18.	32	00:01:40	00:29:42	144m	11'34"/km
19.	49	00:01:12	00:30:54	84m	14'17"/km
20.	43	00:02:37	00:33:31	127m	20'36"/km
21.	42	00:00:23	00:33:54	38m	10'05"/km
22.	38	00:00:24	00:34:18	33m	12'07"/km
23.	36	00:00:40	00:34:58	53m	12'35"/km
24.	40	00:01:45	00:36:43	92m	19'01"/km
25.	46	00:02:11	00:38:54	256m	8'32"/km
26.	56	00:03:13	00:42:07	340m	9'28"/km
27.	52	00:01:22	00:43:29	91m	15'01"/km
28.	55	00:01:00	00:44:29	78m	12'49"/km
29.	58	00:02:14	00:46:43	238m	9'23"/km
30.	64	00:01:15	00:47:58	84m	14'53"/km
31.	62	00:01:40	00:49:38	132m	12'38"/km
32.	60	00:00:43	00:50:21	56m	12'48"/km
33.	45	00:04:14	00:54:35	382m	11'05"/km
34.	44	00:00:56	00:55:31	100m	9'20"/km
35.	33	00:01:39	00:57:10	146m	11'18"/km
36.	999	00:01:18	00:58:28	243m	5'21"/km