

AOS #6 Groenenborger

Antwerpen 1.6.2023

Antwerp Orienteers

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Omloop : H:Lang

Afstand : 5000m

Tijd : 0:41:50 (8'22"/km)

20/28

O.K.

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|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:25 |
| 2. Warre DE CUYPER | 0:23:32 |
| 3. Wouter HUS | 0:24:31 |

1.	31	00:02:00	312m	6'25"/km
2.	32	00:01:20 00:03:20	118m	11'18"/km
3.	48	00:01:38 00:04:58	190m	8'36"/km
4.	49	00:00:50 00:05:48	98m	8'30"/km
5.	57	00:00:44 00:06:32	73m	10'03"/km
6.	34	00:01:23 00:07:55	102m	13'34"/km
7.	33	00:03:28 00:11:23	144m	24'04"/km
8.	53	00:00:20 00:11:43	47m	7'06"/km
9.	35	00:01:56 00:13:39	168m	11'30"/km
10.	36	00:00:55 00:14:34	37m	24'46"/km
11.	37	00:00:45 00:15:19	94m	7'59"/km
12.	40	00:04:19 00:19:38	442m	9'46"/km
13.	41	00:00:38 00:20:16	85m	7'27"/km
14.	38	00:00:49 00:21:05	84m	9'43"/km
15.	39	00:00:44 00:21:49	79m	9'17"/km
16.	42	00:00:31 00:22:20	67m	7'43"/km
17.	43	00:02:36 00:24:56	251m	10'22"/km
18.	44	00:01:11 00:26:07	135m	8'46"/km
19.	45	00:00:51 00:26:58	78m	10'54"/km
20.	46	00:02:26 00:29:24	104m	23'24"/km
21.	47	00:01:23 00:30:47	157m	8'49"/km
22.	50	00:01:17 00:32:04	96m	13'22"/km
23.	51	00:01:06 00:33:10	44m	25'00"/km
24.	52	00:03:38 00:36:48	507m	7'10"/km
25.	54	00:01:23 00:38:11	182m	7'36"/km
26.	55	00:02:05 00:40:16	124m	16'48"/km
27.	56	00:01:09 00:41:25	169m	6'48"/km
28.	999	00:00:25 00:41:50	54m	7'43"/km

Orienteering Software