



TRAIL RUN SIGNS - NO LIMITE - ETAPA 2

TANQUE D'ARCA - AL 28.5.2023

NO LIMITE

Aldo Luiz

INSPIRE ASSESSORIA ESPORTIVA

Course : EXTREME TRAIL MASCULINO

30-39

Distance : 11100m (Climbing 526m)

Time : 1:47:52,816 (9'43"/km)

9/17

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------------|-------------|
| 1. Hemmerson Nobre | 1:20:05,007 |
| 2. Ludson Monteiro Leão | 1:25:21,171 |
| 3. Thiago Gutemberg Dos Santos Silva | 1:28:56,234 |

1.	71	00:10:47		2000m	5'23"/km	INICIO SUBIDA
2.	73	01:10:34	01:21:21	5300m	13'19"/km	PONTO MAIS ALTO - RETORNO
						EXTREME
3.	74	00:02:57	01:24:18	300m	9'50"/km	REENCONTRO DE CATEGORIAS
4.	999	00:23:34	01:47:52	3450m	6'50"/km	CHEGADA

HELGA



Orienteering Software