



Corda Banneux

Hasselt 29.5.2023

Omega

Didier TOMASI

Indiv.

Course : H:02

Distance : 5440m

Time : 0:45:56 (8'27"/km)

13/29

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:33:29
2. Sandro GRASSO	0:34:01
3. Guido LENGES	0:35:19

1.	131	00:01:26		183m	7'50"/km
2.	113	00:00:23	00:01:49	56m	6'51"/km
3.	112	00:02:04	00:03:53	132m	15'39"/km
4.	122	00:01:18	00:05:11	131m	9'55"/km
5.	114	00:01:02	00:06:13	95m	10'53"/km
6.	111	00:01:42	00:07:55	283m	6'00"/km
7.	123	00:02:45	00:10:40	427m	6'26"/km
8.	118	00:00:48	00:11:28	135m	5'56"/km
9.	139	00:00:43	00:12:11	111m	6'27"/km
10.	116	00:01:39	00:13:50	255m	6'28"/km
11.	117	00:02:11	00:16:01	113m	19'19"/km
12.	124	00:01:01	00:17:02	119m	8'33"/km
13.	129	00:01:55	00:18:57	206m	9'18"/km
14.	128	00:01:21	00:20:18	132m	10'14"/km
15.	136	00:01:14	00:21:32	130m	9'29"/km
16.	130	00:00:45	00:22:17	50m	15'00"/km
17.	140	00:00:34	00:22:51	64m	8'51"/km
18.	147	00:01:50	00:24:41	285m	6'26"/km
19.	148	00:01:40	00:26:21	109m	15'17"/km
20.	134	00:00:37	00:26:58	90m	6'51"/km
21.	132	00:00:44	00:27:42	126m	5'49"/km
22.	133	00:00:48	00:28:30	56m	14'17"/km
23.	135	00:01:39	00:30:09	282m	5'51"/km
24.	146	00:01:05	00:31:14	131m	8'16"/km
25.	126	00:00:53	00:32:07	131m	6'45"/km
26.	145	00:01:29	00:33:36	231m	6'25"/km
27.	149	00:05:34	00:39:10	478m	11'39"/km
28.	127	00:01:16	00:40:26	132m	9'36"/km
29.	121	00:02:07	00:42:33	240m	8'49"/km
30.	142	00:02:00	00:44:33	298m	6'43"/km
31.	120	00:01:11	00:45:44	176m	6'43"/km
32.	999	00:00:12	00:45:56	52m	3'51"/km