



LOS 2023-04
provinciaal domein 20.5.2023
Omega

Alfred RAES

Balise 10

Course : H:01

Distance : 4660m

--/53

not classified

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:31		83m	6'13"/km
2.	60	00:00:47	00:01:18	101m	7'45"/km
3.	54	00:00:41	00:01:59	82m	8'20"/km
4.	32	00:00:39	00:02:38	44m	14'46"/km
5.	33	00:01:13	00:03:51	109m	11'10"/km
6.	36	00:03:18	00:07:09		
7.	40	00:01:54	00:09:03	180m	10'33"/km
8.	37	00:01:24	00:10:27	108m	12'58"/km
9.	38	00:00:53	00:11:20	73m	12'06"/km
10.	55	00:01:55	00:13:15	263m	7'17"/km
11.	41	00:01:31	00:14:46	146m	10'23"/km
12.	42	00:01:55	00:16:41	210m	9'08"/km
13.	52	00:02:39	00:19:20	220m	12'03"/km
14.	45	00:03:51	00:23:11	297m	12'58"/km
15.	50	00:01:12	00:24:23	107m	11'13"/km
16.	47	00:01:17	00:25:40	100m	12'50"/km
17.	46	00:01:00	00:26:40	101m	9'54"/km
18.	58	00:00:47	00:27:27	83m	9'26"/km
19.	59	00:01:26	00:28:53	195m	7'21"/km
20.	43	00:01:16	00:30:09	99m	12'48"/km
21.	48	00:01:49	00:31:58	236m	7'42"/km
22.	49	00:00:28	00:32:26	47m	9'56"/km
23.	56	00:03:08	00:35:34	192m	16'19"/km
24.	57	00:00:51	00:36:25	61m	13'56"/km
25.	31	00:02:53	00:39:18	413m	6'59"/km
26.	51	00:00:54	00:40:12		
27.	33	00:03:21	00:43:33		
28.	44	00:00:46	00:44:19	37m	20'43"/km
29.	39	00:01:33	00:45:52	199m	7'47"/km
30.	53	00:02:39	00:48:31		
31.	34	00:01:56	00:50:27		
32.	51	00:01:03	00:51:30	127m	8'16"/km
33.	999	00:00:52	00:52:22	34m	25'29"/km