



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Filip ANACHKIN

Omega

Course : H:01

Distance : 4660m

Time : 0:51:48 (11'07"/km)

34/53

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:30		83m	6'01"/km
2.	60	00:00:45	00:01:15	101m	7'26"/km
3.	54	00:00:37	00:01:52	82m	7'31"/km
4.	32	00:00:59	00:02:51	44m	22'21"/km
5.	33	00:01:05	00:03:56	109m	9'56"/km
6.	35	00:01:36	00:05:32	188m	8'31"/km
7.	36	00:00:52	00:06:24	75m	11'33"/km
8.	40	00:02:22	00:08:46	180m	13'09"/km
9.	37	00:01:18	00:10:04	108m	12'02"/km
10.	38	00:01:26	00:11:30	73m	19'38"/km
11.	55	00:02:13	00:13:43	263m	8'26"/km
12.	41	00:01:48	00:15:31	146m	12'20"/km
13.	42	00:03:17	00:18:48	210m	15'38"/km
14.	52	00:02:44	00:21:32	220m	12'25"/km
15.	45	00:06:35	00:28:07	297m	22'10"/km
16.	50	00:01:11	00:29:18	107m	11'04"/km
17.	47	00:00:46	00:30:04	100m	7'40"/km
18.	46	00:01:33	00:31:37	101m	15'21"/km
19.	58	00:00:46	00:32:23	83m	9'14"/km
20.	59	00:01:38	00:34:01	195m	8'23"/km
21.	43	00:01:00	00:35:01	99m	10'06"/km
22.	48	00:02:47	00:37:48	236m	11'48"/km
23.	49	00:00:31	00:38:19	47m	11'00"/km
24.	56	00:02:03	00:40:22	192m	10'41"/km
25.	57	00:00:55	00:41:17	61m	15'02"/km
26.	31	00:03:04	00:44:21	413m	7'26"/km
27.	44	00:02:04	00:46:25	208m	9'56"/km
28.	39	00:01:23	00:47:48	199m	6'57"/km
29.	34	00:02:30	00:50:18	274m	9'07"/km
30.	51	00:01:05	00:51:23	127m	8'32"/km
31.	999	00:00:25	00:51:48	34m	12'15"/km