



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Marcin GACZYNSKI

Indiv.

Course : H:01

Distance : 4660m

Time : 0:32:23 (6'57"/km)

3/53

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |

1.	53	00:00:43		83m	8'38"/km
2.	60	00:00:38	00:01:21	101m	6'16"/km
3.	54	00:00:31	00:01:52	82m	6'18"/km
4.	32	00:00:22	00:02:14	44m	8'20"/km
5.	33	00:00:44	00:02:58	109m	6'44"/km
6.	35	00:01:11	00:04:09	188m	6'18"/km
7.	36	00:00:35	00:04:44	75m	7'47"/km
8.	40	00:01:29	00:06:13	180m	8'14"/km
9.	37	00:01:01	00:07:14	108m	9'25"/km
10.	38	00:00:36	00:07:50	73m	8'13"/km
11.	55	00:01:21	00:09:11	263m	5'08"/km
12.	41	00:01:08	00:10:19	146m	7'46"/km
13.	42	00:01:21	00:11:40	210m	6'26"/km
14.	52	00:01:51	00:13:31	220m	8'25"/km
15.	45	00:02:46	00:16:17	297m	9'19"/km
16.	50	00:00:53	00:17:10	107m	8'15"/km
17.	47	00:00:44	00:17:54	100m	7'20"/km
18.	46	00:00:40	00:18:34	101m	6'36"/km
19.	58	00:00:30	00:19:04	83m	6'01"/km
20.	59	00:01:09	00:20:13	195m	5'54"/km
21.	43	00:00:40	00:20:53	99m	6'44"/km
22.	48	00:01:36	00:22:29	236m	6'47"/km
23.	49	00:00:20	00:22:49	47m	7'06"/km
24.	56	00:01:16	00:24:05	192m	6'36"/km
25.	57	00:00:42	00:24:47	61m	11'29"/km
26.	31	00:02:19	00:27:06	413m	5'37"/km
27.	44	00:01:26	00:28:32	208m	6'53"/km
28.	39	00:01:02	00:29:34	199m	5'12"/km
29.	34	00:01:55	00:31:29	274m	7'00"/km
30.	51	00:00:41	00:32:10	127m	5'23"/km
31.	999	00:00:13	00:32:23	34m	6'22"/km