



Percurso treino 1 - EsPCEEx
EsPCEEx 16.5.2023
Clube de Orientação da EsPCEEx

Alu Rocha Braga

Clube de Orientação da EsPCEEx

Course : H21B

Distance : 3000m (Climbing 35m)

Time : 0:23:27 (7'49"/km)

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O.K.

[Full result on Webres](#)

1. Alu R Garcia 0:21:48
3. Alu Pazianoto 0:24:26

1.	31	00:02:57		132m	22'21"/km
2.	32	00:01:19	00:04:16	74m	17'48"/km
3.	43	00:01:38	00:05:54	227m	7'12"/km
4.	41	00:01:08	00:07:02	210m	5'24"/km
5.	39	00:00:46	00:07:48	182m	4'13"/km
6.	38	00:01:12	00:09:00	183m	6'33"/km
7.	40	00:00:46	00:09:46	165m	4'39"/km
8.	36	00:02:15	00:12:01	209m	10'46"/km
9.	44	00:02:23	00:14:24	98m	24'19"/km
10.	37	00:01:43	00:16:07	144m	11'55"/km
11.	40	00:01:53	00:18:00	275m	6'51"/km
12.	35	00:01:37	00:19:37	249m	6'30"/km
13.	33	00:00:59	00:20:36	238m	4'08"/km
14.	43	00:01:44	00:22:20	293m	5'55"/km
15.	42	00:00:59	00:23:19	164m	6'00"/km
16.	999	00:00:08	00:23:27	64m	2'05"/km

Orienteering Software