



1ª Etapa CMOC

CTG São Luiz do Purunã 7.5.2023

Clube de Orientação de Curitiba

Silvio Da Cunha Messias

Clube de Orientação Gralha Azul

Percurso : H Master B

Distancia : 5000m (Desnivel 100m)

Tempo : 1:27:51 (17'34"/km)

7/10

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Antonio Martins De Melo Junior | 0:56:23 |
| 2. Alexandre Cesar Nass | 0:59:52 |
| 3. Franklin Hiroshi Shimizu | 1:18:49 |

1.	71	00:02:09		215m	10'00"/km
2.	140	00:02:03	00:04:12	200m	10'15"/km
3.	70	00:02:42	00:06:54	248m	10'53"/km
4.	100	00:06:10	00:13:04	524m	11'46"/km
5.	108	00:06:38	00:19:42	255m	26'01"/km
6.	137	00:07:25	00:27:07	418m	17'45"/km
7.	131	00:02:35	00:29:42	238m	10'51"/km
8.	126	00:03:52	00:33:34	134m	28'51"/km
9.	120	00:04:51	00:38:25	357m	13'35"/km
10.	116	00:01:59	00:40:24	142m	13'58"/km
11.	124	00:15:21	00:55:45	143m	107'21"/km
12.	114	00:04:25	01:00:10	160m	27'36"/km
13.	136	00:05:42	01:05:52	309m	18'27"/km
14.	72	00:02:30	01:08:22	190m	13'09"/km
15.	74	00:01:09	01:09:31	64m	17'58"/km
16.	110	00:03:09	01:12:40	226m	13'56"/km
17.	109	00:02:55	01:15:35	153m	19'04"/km
18.	105	00:07:45	01:23:20	414m	18'43"/km
19.	91	00:01:37	01:24:57	96m	16'50"/km
20.	90	00:02:42	01:27:39	356m	7'35"/km
21.	999	00:00:12	01:27:51	70m	2'51"/km

Orienteering Software