



Militaire Stadsloop Hasselt

Hasselt 10.5.2023

Mil Prov Comdo Limburg

Bert WOUTERS

Kamp BEVERLO

Omloop : H:02

Afstand : 7200m

Tijd : 0:50:45 (7'03"/km)

10/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Sandro GRASSO | 0:35:03 |
| 2. Sven HERMANS | 0:38:28 |
| 3. Guy TIREZ | 0:39:01 |

1.	101	00:01:58		135m	14'34"/km
2.	103	00:00:57	00:02:55	124m	7'40"/km
3.	106	00:01:17	00:04:12	261m	4'55"/km
4.	118	00:02:09	00:06:21	254m	8'28"/km
5.	113	00:01:45	00:08:06	239m	7'19"/km
6.	111	00:01:27	00:09:33	196m	7'24"/km
7.	107	00:01:17	00:10:50	203m	6'19"/km
8.	120	00:03:29	00:14:19	249m	13'59"/km
9.	117	00:01:54	00:16:13	293m	6'29"/km
10.	132	00:01:17	00:17:30	247m	5'12"/km
11.	124	00:02:27	00:19:57	299m	8'12"/km
12.	129	00:01:17	00:21:14	150m	8'33"/km
13.	114	00:01:31	00:22:45	178m	8'31"/km
14.	116	00:03:49	00:26:34	69m	55'19"/km
15.	131	00:01:46	00:28:20	224m	7'53"/km
16.	128	00:01:48	00:30:08	93m	19'21"/km
17.	141	00:00:57	00:31:05	146m	6'30"/km
18.	139	00:02:01	00:33:06	131m	15'24"/km
19.	160	00:02:18	00:35:24	306m	7'31"/km
20.	151	00:02:01	00:37:25	313m	6'27"/km
21.	149	00:00:46	00:38:11	133m	5'46"/km
22.	134	00:00:53	00:39:04	151m	5'51"/km
23.	163	00:01:15	00:40:19	227m	5'30"/km
24.	153	00:00:33	00:40:52	89m	6'11"/km
25.	144	00:05:16	00:46:08	384m	13'43"/km
26.	145	00:00:40	00:46:48	120m	5'33"/km
27.	146	00:00:38	00:47:26	71m	8'55"/km
28.	143	00:02:23	00:49:49	200m	11'55"/km
29.	110	00:00:40	00:50:29	94m	7'06"/km
30.	180	00:00:16	00:50:45	44m	6'04"/km