



Militaire Stadsloop Hasselt

Hasselt 10.5.2023

Mil Prov Comdo Limburg

Stijn IGNOUL

CBOS Noord

Omloop : H:02

Afstand : 7200m

Tijd : 0:44:43 (6'13"/km)

6/12

O.K.

[Volledige uitslagen op Webres](#)

1. Sandro GRASSO	0:35:03
2. Sven HERMANS	0:38:28
3. Guy TIREZ	0:39:01

1.	101	00:01:37		135m	11'59"/km
2.	103	00:02:02	00:03:39	124m	16'24"/km
3.	106	00:01:15	00:04:54	261m	4'47"/km
4.	118	00:01:46	00:06:40	254m	6'57"/km
5.	113	00:01:29	00:08:09	239m	6'12"/km
6.	111	00:01:22	00:09:31	196m	6'58"/km
7.	107	00:01:05	00:10:36	203m	5'20"/km
8.	120	00:02:14	00:12:50	249m	8'58"/km
9.	117	00:01:52	00:14:42	293m	6'22"/km
10.	132	00:01:55	00:16:37	247m	7'46"/km
11.	124	00:01:49	00:18:26	299m	6'05"/km
12.	129	00:01:02	00:19:28	150m	6'53"/km
13.	114	00:01:12	00:20:40	178m	6'44"/km
14.	116	00:00:48	00:21:28	69m	11'36"/km
15.	131	00:01:31	00:22:59	224m	6'46"/km
16.	128	00:01:33	00:24:32	93m	16'40"/km
17.	141	00:00:50	00:25:22	146m	5'42"/km
18.	139	00:02:32	00:27:54	131m	19'20"/km
19.	160	00:02:32	00:30:26	306m	8'17"/km
20.	151	00:02:08	00:32:34	313m	6'49"/km
21.	149	00:00:55	00:33:29	133m	6'54"/km
22.	134	00:01:04	00:34:33	151m	7'04"/km
23.	163	00:01:31	00:36:04	227m	6'41"/km
24.	153	00:00:45	00:36:49	89m	8'26"/km
25.	144	00:02:54	00:39:43	384m	7'33"/km
26.	145	00:00:56	00:40:39	120m	7'47"/km
27.	146	00:00:53	00:41:32	71m	12'26"/km
28.	143	00:02:11	00:43:43	200m	10'55"/km
29.	110	00:00:42	00:44:25	94m	7'27"/km
30.	180	00:00:18	00:44:43	44m	6'49"/km