



Militaire Stadsloop Hasselt

Hasselt 10.5.2023

Mil Prov Comdo Limburg

Piet DEFERME

Bn ISTAR

Course : H:01

Distance : 8200m

Time : 0:43:31 (5'18"/km)

5/72

O.K.

[Full result on Webres](#)

1. Philip VAN HEMELEN	0:39:47
2. Tomy JANSSENS	0:41:51
3. François FAGNOUL	0:43:16

1.	105	00:01:29		201m	7'23"/km
2.	103	00:00:41	00:02:10	135m	5'04"/km
3.	101	00:01:14	00:03:24	124m	9'57"/km
4.	106	00:01:34	00:04:58	279m	5'37"/km
5.	123	00:01:14	00:06:12	225m	5'29"/km
6.	140	00:01:30	00:07:42	219m	6'51"/km
7.	143	00:00:24	00:08:06	66m	6'04"/km
8.	133	00:01:18	00:09:24	221m	5'53"/km
9.	116	00:02:15	00:11:39	340m	6'37"/km
10.	125	00:02:00	00:13:39	285m	7'01"/km
11.	108	00:02:41	00:16:20	309m	8'41"/km
12.	114	00:01:55	00:18:15	259m	7'24"/km
13.	112	00:01:10	00:19:25	131m	8'54"/km
14.	118	00:01:38	00:21:03	231m	7'04"/km
15.	131	00:01:38	00:22:41	264m	6'11"/km
16.	164	00:02:13	00:24:54	221m	10'02"/km
17.	163	00:00:53	00:25:47	126m	7'01"/km
18.	151	00:01:23	00:27:10	208m	6'39"/km
19.	148	00:00:48	00:27:58	157m	5'06"/km
20.	134	00:01:12	00:29:10	220m	5'27"/km
21.	160	00:01:57	00:31:07	207m	9'25"/km
22.	115	00:02:11	00:33:18	396m	5'31"/km
23.	124	00:01:28	00:34:46	260m	5'38"/km
24.	127	00:00:52	00:35:38	108m	8'01"/km
25.	135	00:01:12	00:36:50	177m	6'47"/km
26.	139	00:00:51	00:37:41	96m	8'51"/km
27.	146	00:00:55	00:38:36	126m	7'17"/km
28.	150	00:01:05	00:39:41	127m	8'32"/km
29.	132	00:01:14	00:40:55	212m	5'49"/km
30.	136	00:00:54	00:41:49	150m	6'00"/km
31.	144	00:00:50	00:42:39	174m	4'47"/km
32.	110	00:00:40	00:43:19	127m	5'15"/km
33.	180	00:00:12	00:43:31	44m	4'33"/km