



LOS 2023-03

Park Belle-Vue 6.5.2023

Omega

Hendrik PONNET

Omega

Course : H:01

Distance : 5090m

Time : 0:37:17 (7'19"/km)

8/43

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:31:43
2. Joost TALLOEN	0:32:46
3. Peter COKELAERE	0:33:44

1.	32	00:00:53		141m	6'16"/km
2.	63	00:01:46	00:02:39	252m	7'01"/km
3.	62	00:02:00	00:04:39	295m	6'47"/km
4.	34	00:03:52	00:08:31	540m	7'10"/km
5.	35	00:00:28	00:08:59	46m	10'09"/km
6.	36	00:00:20	00:09:19	55m	6'04"/km
7.	38	00:01:17	00:10:36	232m	5'32"/km
8.	39	00:01:02	00:11:38	191m	5'25"/km
9.	43	00:01:56	00:13:34	114m	16'58"/km
10.	41	00:00:57	00:14:31	117m	8'07"/km
11.	42	00:00:46	00:15:17	77m	9'57"/km
12.	44	00:01:23	00:16:40	194m	7'08"/km
13.	45	00:00:00	00:16:40	32m	0'00"/km
14.	52	00:02:07	00:18:47	348m	6'05"/km
15.	53	00:00:49	00:19:36	72m	11'21"/km
16.	54	00:01:00	00:20:36	114m	8'46"/km
17.	55	00:00:43	00:21:19	75m	9'33"/km
18.	58	00:01:49	00:23:08	184m	9'52"/km
19.	59	00:01:59	00:25:07	261m	7'36"/km
20.	60	00:01:00	00:26:07	167m	5'59"/km
21.	61	00:00:21	00:26:28	42m	8'20"/km
22.	57	00:02:48	00:29:16	414m	6'46"/km
23.	56	00:02:43	00:31:59	265m	10'15"/km
24.	64	00:01:41	00:33:40	285m	5'54"/km
25.	46	00:00:32	00:34:12	87m	6'08"/km
26.	47	00:00:33	00:34:45	99m	5'33"/km
27.	48	00:00:27	00:35:12	71m	6'20"/km
28.	49	00:00:40	00:35:52	120m	5'33"/km
29.	50	00:00:46	00:36:38	110m	6'58"/km
30.	51	00:00:23	00:37:01	68m	5'38"/km
31.	999	00:00:16	00:37:17	25m	10'40"/km