

AOS #5 Mastvest

Antwerpen 4.5.2023

Antwerp Orienteers

Lok Hin MA

Antwerp Orienteers

Course : H:Lang

Distance : 5000m

Time : 0:21:37 (4'19"/km)

3/27

O.K.

[Full result on Webres](#)

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|----------------------|---------|
| 1. Warre DE CUYPER | 0:19:13 |
| 2. Adriaan PELCKMANS | 0:21:13 |

1.	31	00:03:31	606m	5'48"/km
2.	32	00:00:59 00:04:30	181m	5'26"/km
3.	33	00:00:35 00:05:05	125m	4'40"/km
4.	34	00:00:39 00:05:44	124m	5'15"/km
5.	35	00:00:24 00:06:08	83m	4'49"/km
6.	36	00:00:31 00:06:39	81m	6'23"/km
7.	37	00:00:43 00:07:22	181m	3'58"/km
8.	38	00:01:44 00:09:06	345m	5'01"/km
9.	39	00:00:28 00:09:34	96m	4'52"/km
10.	40	00:00:32 00:10:06	120m	4'27"/km
11.	41	00:00:37 00:10:43	141m	4'22"/km
12.	42	00:01:10 00:11:53	240m	4'52"/km
13.	43	00:02:29 00:14:22	251m	9'54"/km
14.	44	00:01:18 00:15:40	265m	4'54"/km
15.	46	00:01:06 00:16:46	235m	4'41"/km
16.	45	00:01:55 00:18:41	299m	6'25"/km
17.	47	00:00:00 00:18:41	185m	0'00"/km
18.	51	00:00:32 00:19:13	134m	3'59"/km
19.	49	00:00:37 00:19:50	136m	4'32"/km
20.	50	00:01:02 00:20:52	161m	6'25"/km
21.	48	00:00:38 00:21:30	180m	3'31"/km
22.	999	00:00:07 00:21:37	34m	3'26"/km

Orienteering Software