



# City O Cup 1 - 2023

## MEERHOUT 30.4.2023

### K.O.L.

**Mathias VAN LOON**

TROL

Omloop : H:02

Afstand : 4510m

Tijd : 0:44:05 (9'46"/km)

**20/27**

O.K.

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|                    |         |
|--------------------|---------|
| 1. Frederik LOECKX | 0:30:08 |
| 2. Roland VAN LOON | 0:31:55 |
| 3. Roel SMOLDERS   | 0:34:39 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 160 | 00:01:56 |          | 128m | 15'06"/km |
| 2.  | 164 | 00:01:33 | 00:03:29 |      |           |
| 3.  | 163 | 00:00:58 | 00:04:27 |      |           |
| 4.  | 173 | 00:03:24 | 00:07:51 | 208m | 16'21"/km |
| 5.  | 175 | 00:01:52 | 00:09:43 | 163m | 11'27"/km |
| 6.  | 178 | 00:02:22 | 00:12:05 | 145m | 16'19"/km |
| 7.  | 183 | 00:02:09 | 00:14:14 |      |           |
| 8.  | 182 | 00:00:32 | 00:14:46 |      |           |
| 9.  | 187 | 00:02:32 | 00:17:18 | 389m | 6'31"/km  |
| 10. | 188 | 00:00:00 | 00:17:18 | 82m  | 0'00"/km  |
| 11. | 194 | 00:01:39 | 00:18:57 | 263m | 6'16"/km  |
| 12. | 196 | 00:02:01 | 00:20:58 |      |           |
| 13. | 197 | 00:01:02 | 00:22:00 |      |           |
| 14. | 198 | 00:00:31 | 00:22:31 | 90m  | 5'44"/km  |
| 15. | 204 | 00:04:27 | 00:26:58 | 399m | 11'09"/km |
| 16. | 207 | 00:01:40 | 00:28:38 | 236m | 7'04"/km  |
| 17. | 208 | 00:00:00 | 00:28:38 | 23m  | 0'00"/km  |
| 18. | 210 | 00:02:16 | 00:30:54 | 352m | 6'26"/km  |
| 19. | 211 | 00:03:10 | 00:34:04 | 320m | 9'54"/km  |
| 20. | 213 | 00:02:32 | 00:36:36 | 297m | 8'32"/km  |
| 21. | 214 | 00:00:00 | 00:36:36 | 22m  | 0'00"/km  |
| 22. | 199 | 00:01:24 | 00:38:00 | 125m | 11'12"/km |
| 23. | 192 | 00:02:03 | 00:40:03 | 207m | 9'54"/km  |
| 24. | 189 | 00:01:45 | 00:41:48 | 174m | 10'03"/km |
| 25. | 200 | 00:01:20 | 00:43:08 | 117m | 11'24"/km |
| 26. | 220 | 00:00:40 | 00:43:48 | 81m  | 8'14"/km  |
| 27. | 999 | 00:00:17 | 00:44:05 | 75m  | 3'47"/km  |

Orienteering Software