



City O Cup 1 - 2023

MEERHOUT 30.4.2023

K.O.L.

Jo LINTEN

K.O.L.

Omloop : H:01

Afstand : 5470m

Tijd : 0:36:48 (6'44"/km)

7/20

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:29:04 |
| 2. Liam THIELS | 0:30:08 |
| 3. Lennert LENS | 0:32:58 |

1.	170	00:02:55		512m	5'42"/km
2.	174	00:02:31	00:05:26		
3.	176	00:00:25	00:05:51	46m	9'03"/km
4.	174	00:00:17	00:06:08	46m	6'10"/km
5.	178	00:01:24	00:07:32	139m	10'04"/km
6.	179	00:00:15	00:07:47	48m	5'12"/km
7.	181	00:01:40	00:09:27	214m	7'47"/km
8.	186	00:01:26	00:10:53	178m	8'03"/km
9.	187	00:00:57	00:11:50	201m	4'44"/km
10.	188	00:00:00	00:11:50	82m	0'00"/km
11.	195	00:01:20	00:13:10	209m	6'23"/km
12.	197	00:01:26	00:14:36	89m	16'06"/km
13.	200	00:00:55	00:15:31	128m	7'10"/km
14.	189	00:00:48	00:16:19	117m	6'50"/km
15.	198	00:01:11	00:17:30	238m	4'58"/km
16.	204	00:03:37	00:21:07	399m	9'04"/km
17.	207	00:01:22	00:22:29	236m	5'47"/km
18.	208	00:00:00	00:22:29	23m	0'00"/km
19.	205	00:00:45	00:23:14	134m	5'36"/km
20.	212	00:02:27	00:25:41	415m	5'54"/km
21.	211	00:00:56	00:26:37	155m	6'01"/km
22.	210	00:02:27	00:29:04	320m	7'39"/km
23.	213	00:02:49	00:31:53	457m	6'10"/km
24.	214	00:00:00	00:31:53	22m	0'00"/km
25.	201	00:01:01	00:32:54	130m	7'49"/km
26.	192	00:01:16	00:34:10	235m	5'23"/km
27.	200	00:01:54	00:36:04	212m	8'58"/km
28.	220	00:00:29	00:36:33	81m	5'58"/km
29.	999	00:00:15	00:36:48	75m	3'20"/km

Orienteering Software