



City O Cup 1 - 2023
MEERHOUT 30.4.2023
K.O.L.

Ellen BOURGONJON

TROL

Omloop : D:03

Afstand : 3980m

Tijd : 0:32:35 (8'11"/km)

2/15

O.K.

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- | | |
|---------------------|---------|
| 1. Nancy TEUNCKENS | 0:31:51 |
| 3. Lieke VAN OPSTAL | 0:33:04 |

1.	170	00:03:31		512m	6'52"/km
2.	169	00:00:14	00:03:45		
3.	216	00:02:17	00:06:02	253m	9'02"/km
4.	167	00:01:27	00:07:29	241m	6'01"/km
5.	165	00:01:11	00:08:40	128m	9'15"/km
6.	177	00:04:43	00:13:23	561m	8'24"/km
7.	179	00:00:58	00:14:21	145m	6'40"/km
8.	186	00:03:28	00:17:49	391m	8'52"/km
9.	187	00:01:44	00:19:33	201m	8'37"/km
10.	188	00:00:00	00:19:33	82m	0'00"/km
11.	194	00:01:56	00:21:29	263m	7'21"/km
12.	197	00:02:01	00:23:30	47m	42'54"/km
13.	200	00:01:10	00:24:40	128m	9'07"/km
14.	201	00:01:24	00:26:04	204m	6'52"/km
15.	215	00:01:19	00:27:23	215m	6'07"/km
16.	192	00:01:01	00:28:24	109m	9'20"/km
17.	189	00:01:43	00:30:07	174m	9'52"/km
18.	200	00:01:07	00:31:14	117m	9'33"/km
19.	220	00:01:01	00:32:15	81m	12'33"/km
20.	999	00:00:20	00:32:35	75m	4'27"/km

Orienteering Software