



LOS 2023-02

Sportoqse 29.4.2023

Omega

Dirk JANSSENS

Omega

Course : H:01

Distance : 4770m

Time : 0:49:29 (10'22"/km)

27/37

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:27:15 |
| 2. Marcin GACZYNSKI | 0:31:26 |
| 3. Lennert LENS | 0:32:10 |

1.	31	00:01:22	145m	9'26"/km
2.	32	00:01:26 00:02:48	77m	18'37"/km
3.	33	00:01:24 00:04:12	163m	8'35"/km
4.	34	00:00:35 00:04:47	77m	7'35"/km
5.	35	00:01:10 00:05:57	127m	9'11"/km
6.	36	00:02:23 00:08:20	273m	8'44"/km
7.	37	00:01:26 00:09:46	90m	15'56"/km
8.	38	00:01:31 00:11:17	95m	15'58"/km
9.	39	00:02:31 00:13:48	144m	17'29"/km
10.	41	00:03:15 00:17:03	195m	16'40"/km
11.	53	00:02:02 00:19:05	241m	8'26"/km
12.	57	00:03:08 00:22:13	378m	8'17"/km
13.	46	00:04:06 00:26:19	239m	17'09"/km
14.	58	00:00:40 00:26:59	70m	9'31"/km
15.	45	00:01:21 00:28:20	126m	10'43"/km
16.	44	00:01:16 00:29:36	132m	9'36"/km
17.	43	00:01:48 00:31:24	142m	12'41"/km
18.	47	00:00:55 00:32:19	101m	9'05"/km
19.	42	00:00:44 00:33:03	68m	10'47"/km
20.	48	00:03:06 00:36:09	311m	9'58"/km
21.	49	00:02:23 00:38:32	202m	11'48"/km
22.	40	00:02:15 00:40:47	240m	9'23"/km
23.	50	00:01:14 00:42:01	150m	8'13"/km
24.	37	00:00:58 00:42:59	141m	6'51"/km
25.	51	00:00:53 00:43:52	72m	12'16"/km
26.	52	00:01:31 00:45:23	197m	7'42"/km
27.	54	00:01:21 00:46:44	189m	7'09"/km
28.	55	00:01:37 00:48:21	228m	7'05"/km
29.	56	00:00:51 00:49:12	111m	7'39"/km
30.	999	00:00:17 00:49:29	48m	5'54"/km