



LOS 2023-02

Sportoqse 29.4.2023

Omega

Erwin MEURRENS

Omega

Course : H:01

Distance : 4770m

Time : 0:43:18 (9'05"/km)

19/37

O.K.

[Full result on Webres](#)

1. Maarten VANCOETSEM	0:27:15
2. Marcin GACZYNSKI	0:31:26
3. Lennert LENS	0:32:10

1.	31	00:00:53		145m	6'06"/km
2.	32	00:00:56	00:01:49	77m	12'07"/km
3.	33	00:01:04	00:02:53	163m	6'33"/km
4.	34	00:00:33	00:03:26	77m	7'09"/km
5.	35	00:00:51	00:04:17	127m	6'42"/km
6.	36	00:02:05	00:06:22	273m	7'38"/km
7.	37	00:01:06	00:07:28	90m	12'13"/km
8.	38	00:01:50	00:09:18	95m	19'18"/km
9.	39	00:02:02	00:11:20	144m	14'07"/km
10.	41	00:02:56	00:14:16	195m	15'03"/km
11.	53	00:01:46	00:16:02	241m	7'20"/km
12.	57	00:02:56	00:18:58	378m	7'46"/km
13.	46	00:01:44	00:20:42	239m	7'15"/km
14.	58	00:00:34	00:21:16	70m	8'06"/km
15.	45	00:01:03	00:22:19	126m	8'20"/km
16.	44	00:00:54	00:23:13	132m	6'49"/km
17.	43	00:02:43	00:25:56	142m	19'08"/km
18.	47	00:01:19	00:27:15	101m	13'02"/km
19.	42	00:00:33	00:27:48	68m	8'05"/km
20.	48	00:03:20	00:31:08	311m	10'43"/km
21.	49	00:02:36	00:33:44	202m	12'52"/km
22.	40	00:01:39	00:35:23	240m	6'53"/km
23.	50	00:01:07	00:36:30	150m	7'27"/km
24.	37	00:00:58	00:37:28	141m	6'51"/km
25.	51	00:00:43	00:38:11	72m	9'57"/km
26.	52	00:01:33	00:39:44	197m	7'52"/km
27.	54	00:01:18	00:41:02	189m	6'53"/km
28.	55	00:01:23	00:42:25	228m	6'04"/km
29.	56	00:00:38	00:43:03	111m	5'42"/km
30.	999	00:00:15	00:43:18	48m	5'12"/km