



5ª CORRIDA DE SÃO JOSÉ VERTENTES - PE 23.4.2023 CORRIDA DE SAO JOSE

Diego Da Silva

Agrestina Runners

Course : PCD MASCULINO

Distance : 8000m (Climbing 46m)

Time : 0:39:16 (4'54"/km)

4/5

O.K.

[Full result on Webres](#)

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| 1. ANTONIO GOMES | 0:28:27 |
| 2. José Aldair | 0:35:37 |
| 3. José Cleovane | 0:35:42 |

1.	71	00:04:16		1000m	4'16"/km	INICIO PE-090
2.	72	00:07:30	00:11:46	1470m	5'06"/km	FINAL PE-090
3.	70	00:07:33	00:19:19	1530m	4'56"/km	LARGADA / CHEGADA
4.	71	00:04:30	00:23:49	1000m	4'30"/km	INICIO PE-090
5.	72	00:08:04	00:31:53	1470m	5'29"/km	FINAL PE-090
6.	70	00:07:23	00:39:16	1530m	4'50"/km	LARGADA / CHEGADA

