



5ª CORRIDA DE SÃO JOSÉ
VERTENTES - PE 23.4.2023
CORRIDA DE SAO JOSE

David Lucas Moura

Friends Runners

Course : 8 KM SOLO MASCULINO

Distance : 8000m (Climbing 46m)

Time : 0:29:30 (3'41"/km)

14/117

O.K.

[Full result on Webres](#)

1.	Renato José Da Silva	0:25:22
2.	Adriano Cassimiro	0:26:10
3.	Valmir Antônio Barbosa	0:26:30

1.	71	00:03:02		1000m	3'02"/km	INICIO PE-090
2.	72	00:05:28	00:08:30	1470m	3'43"/km	FINAL PE-090
3.	70	00:05:47	00:14:17	1530m	3'47"/km	LARGADA / CHEGADA
4.	71	00:03:28	00:17:45	1000m	3'28"/km	INICIO PE-090
5.	72	00:06:01	00:23:46	1470m	4'06"/km	FINAL PE-090
6.	70	00:05:44	00:29:30	1530m	3'45"/km	LARGADA / CHEGADA

