



5ª CORRIDA DE SÃO JOSÉ
VERTENTES - PE 23.4.2023
CORRIDA DE SAO JOSE

Marlene Luiz

Friends Runners

Course : 8 KM SOLO FEMININO

Distance : 8000m (Climbing 46m)

Time : 0:40:24 (5'03"/km)

11/60

O.K.

[Full result on Webres](#)

1.	Fernanda Da Silva	0:33:11
2.	Rubevania Da Silva	0:34:40
3.	Luanna Beatriz	0:34:57

1.	71	00:04:26		1000m	4'26"/km	INICIO PE-090
2.	72	00:07:35	00:12:01	1470m	5'10"/km	FINAL PE-090
3.	70	00:07:44	00:19:45	1530m	5'03"/km	LARGADA / CHEGADA
4.	71	00:04:38	00:24:23	1000m	4'38"/km	INICIO PE-090
5.	72	00:08:11	00:32:34	1470m	5'34"/km	FINAL PE-090
6.	70	00:07:50	00:40:24	1530m	5'07"/km	LARGADA / CHEGADA

