

LuxOC Training

Parc Klosegroendchen 22.4.2023

Luxembourg Orienteering Club

Daniel LOPEZ

Luxembourg Orienteering Club

Course : Squirrel

Distance : 4100m (Climbing 15m)

Time : 0:44:06,222 (10'45"/km)

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O.K.

[Full result on Webres](#)

1. Atte AALTO	0:36:51,300
3. Maggie ROACH	0:47:22,187

1.	139	00:00:43		82m	8'44"/km
2.	136	00:02:23	00:03:06	212m	11'15"/km
3.	133	00:02:03	00:05:09	155m	13'14"/km
4.	145	00:02:44	00:07:53	384m	7'07"/km
5.	146	00:02:30	00:10:23	237m	10'33"/km
6.	142	00:01:59	00:12:22	174m	11'24"/km
7.	147	00:03:07	00:15:29	305m	10'13"/km
8.	149	00:02:37	00:18:06	163m	16'03"/km
9.	150	00:01:09	00:19:15	77m	14'56"/km
10.	151	00:01:56	00:21:11	127m	15'13"/km
11.	152	00:01:40	00:22:51	236m	7'04"/km
12.	153	00:00:54	00:23:45	98m	9'11"/km
13.	154	00:01:16	00:25:01	164m	7'43"/km
14.	148	00:03:40	00:28:41	243m	15'05"/km
15.	140	00:01:53	00:30:34	266m	7'05"/km
16.	155	00:01:13	00:31:47	171m	7'07"/km
17.	131	00:03:18	00:35:05	188m	17'33"/km
18.	144	00:03:02	00:38:07	194m	15'38"/km
19.	134	00:02:08	00:40:15	131m	16'17"/km
20.	135	00:01:07	00:41:22	93m	12'00"/km
21.	137	00:01:20	00:42:42	149m	8'57"/km
22.	138	00:00:44	00:43:26	82m	8'57"/km
23.	999	00:00:40	00:44:06	128m	5'12"/km

Orienteering Software