



Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

Jos NUTTIN

K.O.L.

Omloop : H:02

Afstand : 4100m

Tijd : 0:40:34 (9'54"/km)

10/30

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Jan-Gerard VAN DER TOORN | 0:24:44 |
| 2. Nathan JANSEN | 0:27:07 |
| 3. Wouter VAN MUYSEN | 0:29:05 |

1.	94	00:00:36		87m	6'54"/km
2.	95	00:00:50	00:01:26	115m	7'15"/km
3.	96	00:03:11	00:04:37	191m	16'40"/km
4.	97	00:01:17	00:05:54	131m	9'48"/km
5.	98	00:00:44	00:06:38	72m	10'11"/km
6.	99	00:01:15	00:07:53	118m	10'36"/km
7.	100	00:02:14	00:10:07	279m	8'00"/km
8.	101	00:02:07	00:12:14	213m	9'56"/km
9.	79	00:02:27	00:14:41	247m	9'55"/km
10.	84	00:02:22	00:17:03	315m	7'31"/km
11.	72	00:03:11	00:20:14	305m	10'26"/km
12.	87	00:01:36	00:21:50	128m	12'30"/km
13.	74	00:02:17	00:24:07	204m	11'12"/km
14.	73	00:01:59	00:26:06	200m	9'55"/km
15.	83	00:01:36	00:27:42	175m	9'09"/km
16.	82	00:01:56	00:29:38	240m	8'03"/km
17.	102	00:01:44	00:31:22	171m	10'08"/km
18.	93	00:00:52	00:32:14	97m	8'56"/km
19.	92	00:02:34	00:34:48	282m	9'06"/km
20.	71	00:01:58	00:36:46	231m	8'31"/km
21.	103	00:03:30	00:40:16	269m	13'01"/km
22.	999	00:00:18	00:40:34	27m	11'07"/km

Orienteering Software