



Prova Prática CM 2023
Rio de Janeiro - RJ 30.3.2023
EsEFEx

Sgt Aline Bichoff

CMO

Course : FEM

Distance : 1600m

Time : 0:54:29 (34'03"/km)

1/1

O.K.

[Full result on Webres](#)

1.	38	00:02:47		221m	12'36"/km
2.	39	00:00:43	00:03:30	302m	2'22"/km
3.	46	00:02:53	00:06:23	351m	8'13"/km
4.	32	00:09:18	00:15:41	475m	19'35"/km
5.	31	00:05:53	00:21:34	668m	8'48"/km
6.	33	00:06:37	00:28:11	668m	9'54"/km
7.	42	00:11:40	00:39:51	362m	32'14"/km
8.	34	00:01:43	00:41:34	423m	4'03"/km
9.	37	00:02:31	00:44:05	529m	4'45"/km
10.	36	00:02:44	00:46:49	246m	11'07"/km
11.	35	00:02:27	00:49:16	430m	5'42"/km
12.	41	00:02:04	00:51:20	448m	4'37"/km
13.	43	00:02:12	00:53:32	485m	4'32"/km
14.	44	00:00:43	00:54:15	141m	5'05"/km
15.	999	00:00:14	00:54:29	124m	1'53"/km

HELGA
Orienteering Software