



Prova Prática CM 2023
Rio de Janeiro - RJ 30.3.2023
EsEFEx

Sgt Macedo

CMNE

Course : MASC

Distance : 1900m

Time : 0:45:32 (23'58"/km)

25/30

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Sgt Oliveira | 0:15:42 |
| 2. Sgt Rafael Barbosa | 0:17:27 |
| 3. Sgt Comin | 0:18:23 |

1.	38	00:01:33		221m	7'01"/km
2.	39	00:01:04	00:02:37	302m	3'32"/km
3.	46	00:01:43	00:04:20	351m	4'53"/km
4.	45	00:01:51	00:06:11	370m	5'00"/km
5.	33	00:03:09	00:09:20	615m	5'07"/km
6.	41	00:05:17	00:14:37	425m	12'26"/km
7.	35	00:04:16	00:18:53	448m	9'31"/km
8.	36	00:03:14	00:22:07	430m	7'31"/km
9.	34	00:05:17	00:27:24	585m	9'02"/km
10.	40	00:01:00	00:28:24	295m	3'23"/km
11.	37	00:01:33	00:29:57	311m	4'59"/km
12.	42	00:02:24	00:32:21	527m	4'33"/km
13.	43	00:01:13	00:33:34	302m	4'02"/km
14.	31	00:01:10	00:34:44	453m	2'35"/km
15.	32	00:07:05	00:41:49	668m	10'36"/km
16.	33	00:01:30	00:43:19	368m	4'05"/km
17.	43	00:01:28	00:44:47	254m	5'46"/km
18.	44	00:00:36	00:45:23	141m	4'15"/km
19.	999	00:00:09	00:45:32	124m	1'13"/km

Orienteering Software