



Prova Prática CM 2023
Rio de Janeiro - RJ 30.3.2023
EsEFEx

Sgt Appel

CMN

Course : MASC

Distance : 1900m

Time : 0:34:30 (18'09"/km)

17/30

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Sgt Oliveira | 0:15:42 |
| 2. Sgt Rafael Barbosa | 0:17:27 |
| 3. Sgt Comin | 0:18:23 |

1.	38	00:00:50		221m	3'46"/km
2.	39	00:03:56	00:04:46	302m	13'01"/km
3.	46	00:01:23	00:06:09	351m	3'56"/km
4.	45	00:00:43	00:06:52	370m	1'56"/km
5.	33	00:01:24	00:08:16	615m	2'17"/km
6.	41	00:04:52	00:13:08	425m	11'27"/km
7.	35	00:01:24	00:14:32	448m	3'07"/km
8.	36	00:04:02	00:18:34	430m	9'23"/km
9.	34	00:01:15	00:19:49	585m	2'08"/km
10.	40	00:00:35	00:20:24	295m	1'59"/km
11.	37	00:03:13	00:23:37	311m	10'21"/km
12.	42	00:01:26	00:25:03	527m	2'43"/km
13.	43	00:01:03	00:26:06	302m	3'29"/km
14.	31	00:04:37	00:30:43	453m	10'11"/km
15.	32	00:01:28	00:32:11	668m	2'12"/km
16.	33	00:01:02	00:33:13	368m	2'48"/km
17.	43	00:00:45	00:33:58	254m	2'57"/km
18.	44	00:00:22	00:34:20	141m	2'36"/km
19.	999	00:00:10	00:34:30	124m	1'21"/km

Orienteering Software