

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Fred TOSSERAMS

TROL

Circuit : LD

Distance : 5660m (Dénivelé 170m)

Temps : 1:06:07 (11'41"/km)

7/16

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Klaas MELLEBECK | 0:40:47 |
| 2. Jean-François KRIER | 0:42:50 |
| 3. David MONFORT | 0:53:44 |

1.	78	00:04:44		230m	20'35"/km
2.	77	00:03:41	00:08:25	298m	12'22"/km
3.	75	00:03:19	00:11:44	225m	14'44"/km
4.	80	00:05:17	00:17:01	320m	16'31"/km
5.	87	00:05:45	00:22:46	445m	12'55"/km
6.	106	00:09:12	00:31:58	797m	11'33"/km
7.	107	00:01:05	00:33:03	112m	9'40"/km
8.	122	00:06:51	00:39:54	488m	14'02"/km
9.	123	00:03:00	00:42:54	198m	15'09"/km
10.	125	00:02:15	00:45:09	155m	14'31"/km
11.	118	00:02:41	00:47:50	244m	11'00"/km
12.	114	00:02:46	00:50:36	279m	9'55"/km
13.	110	00:02:35	00:53:11	209m	12'22"/km
14.	113	00:01:11	00:54:22	140m	8'27"/km
15.	111	00:02:14	00:56:36	189m	11'49"/km
16.	105	00:01:34	00:58:10	175m	8'57"/km
17.	104	00:02:26	01:00:36	273m	8'55"/km
18.	100	00:02:13	01:02:49	217m	10'13"/km
19.	127	00:02:37	01:05:26	344m	7'36"/km
20.	999	00:00:41	01:06:07	157m	4'21"/km

Orienteering Software