

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Sophie MARTIN

CO Liège

Circuit : SE

Distance : 3390m (Dénivelé 75m)

Temps : 1:15:50 (22'22"/km)

7/7

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Kiara NIJST | 0:29:04 |
| 2. Mylene NAMUROIS | 0:36:20 |
| 3. Pascale RENDERS | 0:36:58 |

1.	81	00:04:14		111m	38'08"/km
2.	84	00:04:15	00:08:29	272m	15'37"/km
3.	89	00:05:58	00:14:27	444m	13'26"/km
4.	94	00:06:13	00:20:40	326m	19'04"/km
5.	95	00:01:41	00:22:21	169m	9'58"/km
6.	103	00:08:35	00:30:56	434m	19'47"/km
7.	106	00:03:06	00:34:02	219m	14'09"/km
8.	105	00:19:34	00:53:36	210m	93'10"/km
9.	100	00:11:01	01:04:37	473m	23'17"/km
10.	101	00:02:55	01:07:32	136m	21'27"/km
11.	127	00:07:23	01:14:55	274m	26'57"/km
12.	999	00:00:55	01:15:50	157m	5'50"/km

HELGA

Orienteering Software