

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Freddy SILLIEN

Pégase CO

Course : H75

Distance : 3140m (Climbing 60m)

Time : 0:28:08 (8'58"/km)

1/8

O.K.

[Full result on Webres](#)

2. Mike IN 'T GROEN 0:30:57
3. Georges TIMMERMANS 0:37:00

1.	82	00:02:30		228m	10'58"/km
2.	91	00:03:20	00:05:50	290m	11'30"/km
3.	97	00:02:26	00:08:16	220m	11'04"/km
4.	98	00:01:00	00:09:16	112m	8'56"/km
5.	103	00:01:41	00:10:57	220m	7'39"/km
6.	106	00:01:20	00:12:17	219m	6'05"/km
7.	109	00:01:56	00:14:13	224m	8'38"/km
8.	111	00:02:10	00:16:23	263m	8'14"/km
9.	105	00:01:15	00:17:38	175m	7'09"/km
10.	104	00:05:19	00:22:57	273m	19'28"/km
11.	99	00:02:25	00:25:22	311m	7'46"/km
12.	131	00:01:37	00:26:59	174m	9'17"/km
13.	127	00:00:38	00:27:37	111m	5'42"/km
14.	999	00:00:31	00:28:08	157m	3'17"/km

HELGA

Orienteering Software