

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Ivo TIMMERMANS

K.O.L.

Circuit : H70

Distance : 3240m (Dénivelé 70m)

Temps : 0:33:29 (10'20"/km)

8/26

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|---------|
| 1. Roger HENDRICKX | 0:26:51 |
| 2. Jean BREDO | 0:27:16 |
| 3. Klaus HELD | 0:27:49 |

1.	79	00:01:56		132m	14'39"/km
2.	112	00:02:14	00:04:10	202m	11'03"/km
3.	82	00:02:47	00:06:57	152m	18'19"/km
4.	88	00:02:28	00:09:25	229m	10'46"/km
5.	102	00:08:10	00:17:35	583m	14'00"/km
6.	103	00:01:00	00:18:35	101m	9'54"/km
7.	106	00:02:06	00:20:41	219m	9'35"/km
8.	111	00:03:50	00:24:31	375m	10'13"/km
9.	104	00:03:31	00:28:02	363m	9'41"/km
10.	99	00:02:45	00:30:47	311m	8'51"/km
11.	127	00:02:07	00:32:54	259m	8'10"/km
12.	999	00:00:35	00:33:29	157m	3'43"/km

HELGA

Orienteering Software