Championnat de Belgique Moyenne Distance
Banneux 26.3.2023
Hermathenae

Paul CROTHERS
Antwerp Orienteers
Circuit : H55
Distance : 4210m (Dénivelé 105m)
Temps : 0:51:25 (12'13"/km)

19/27 O.K.

Résultats complets sur Webres

1. Robert THEISS 0:29:21
2. Michael HENNES 0:30:42
3. Pierre-Emmanuel DEMEUSE 0:31:08

1.	79	00:02:03		132m	15'32"/km
2.	76	00:03:17	*00:05:20*	266m	12'21"/km
3.	75	00:02:17	*00:07:37*	175m	13'03"/km
4.	112	00:11:45	*00:19:22*	403m	29'09"/km
5.	82	00:02:53	*00:22:15*	152m	18'58"/km
6.	98	00:07:18	*00:29:33*	436m	16'45"/km
7.	102	00:01:15	*00:30:48*	143m	8'44"/km
8.	103	00:01:26	*00:32:14*	101m	14'11"/km
9.	106	00:01:40	*00:33:54*	219m	7'37"/km
10.	108	00:02:10	*00:36:04*	223m	9'43"/km
11.	110	00:03:08	*00:39:12*	272m	11'31"/km
12.	113	00:00:54	*00:40:06*	140m	6'26"/km
13.	111	00:01:55	*00:42:01*	189m	10'08"/km
14.	105	00:01:47	*00:43:48*	175m	10'11"/km
15.	104	00:02:27	*00:46:15*	273m	8'58"/km
16.	99	00:02:28	*00:48:43*	311m	7'56"/km
17.	131	00:01:25	*00:50:08*	174m	8'09"/km
18.	127	00:00:47	*00:50:55*	111m	7'03"/km
19.	999	00:00:30	*00:51:25*	157m	3'11"/km

Orienteering Software

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