

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Frank VANSPAUWEN

Hermathenae

Circuit : H55

Distance : 4210m (Dénivelé 105m)

Temps : 0:38:23 (9'07"/km)

12/27

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Robert THEISS | 0:29:21 |
| 2. Michael HENNES | 0:30:42 |
| 3. Pierre-Emmanuel DEMEUSE | 0:31:08 |

1.	79	00:03:01		132m	22'51"/km
2.	76	00:02:48	00:05:49	266m	10'32"/km
3.	75	00:03:12	00:09:01	175m	18'17"/km
4.	112	00:03:54	00:12:55	403m	9'41"/km
5.	82	00:01:32	00:14:27	152m	10'05"/km
6.	98	00:05:00	00:19:27	436m	11'28"/km
7.	102	00:01:07	00:20:34	143m	7'49"/km
8.	103	00:00:42	00:21:16	101m	6'56"/km
9.	106	00:01:27	00:22:43	219m	6'37"/km
10.	108	00:01:55	00:24:38	223m	8'36"/km
11.	110	00:02:33	00:27:11	272m	9'22"/km
12.	113	00:00:52	00:28:03	140m	6'11"/km
13.	111	00:01:37	00:29:40	189m	8'33"/km
14.	105	00:01:33	00:31:13	175m	8'51"/km
15.	104	00:02:02	00:33:15	273m	7'27"/km
16.	99	00:02:12	00:35:27	311m	7'04"/km
17.	131	00:01:29	00:36:56	174m	8'31"/km
18.	127	00:00:53	00:37:49	111m	7'57"/km
19.	999	00:00:34	00:38:23	157m	3'37"/km

Orienteering Software