

# Championnat de Belgique Moyenne Distance

## Banneux 26.3.2023

### Hermathenae

**Michael HENNES**

O.L.G. St. Vith ARDOC

Circuit : H55

Distance : 4210m (Dénivelé 105m)

Temps : 0:30:42 (7'18"/km)

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O.K.

[Résultats complets sur Webres](#)

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|----------------------------|---------|
| 1. Robert THEISS           | 0:29:21 |
| 3. Pierre-Emmanuel DEMEUSE | 0:31:08 |

1.	79	00:01:22		132m	10'21"/km
2.	76	00:02:33	00:03:55	266m	9'35"/km
3.	75	00:01:27	00:05:22	175m	8'17"/km
4.	112	00:03:39	00:09:01	403m	9'03"/km
5.	82	00:01:37	00:10:38	152m	10'38"/km
6.	98	00:04:41	00:15:19	436m	10'44"/km
7.	102	00:00:56	00:16:15	143m	6'32"/km
8.	103	00:00:37	00:16:52	101m	6'06"/km
9.	106	00:01:14	00:18:06	219m	5'38"/km
10.	108	00:01:09	00:19:15	223m	5'09"/km
11.	110	00:02:08	00:21:23	272m	7'51"/km
12.	113	00:00:44	00:22:07	140m	5'14"/km
13.	111	00:01:34	00:23:41	189m	8'17"/km
14.	105	00:01:08	00:24:49	175m	6'29"/km
15.	104	00:01:45	00:26:34	273m	6'25"/km
16.	99	00:01:49	00:28:23	311m	5'50"/km
17.	131	00:01:11	00:29:34	174m	6'48"/km
18.	127	00:00:38	00:30:12	111m	5'42"/km
19.	999	00:00:30	00:30:42	157m	3'11"/km



Orienteering Software