

Championnat de Belgique Moyenne Distance

Banneux 26.3.2023

Hermathenae

Laure JAMSIN

CO Liège

Circuit : D21

Distance : 4470m (Dénivelé 100m)

Temps : 0:45:06 (10'05"/km)

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O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Astrid VLIEGEN | 0:44:36 |
| 3. Anabel SCHNEIDER | 0:45:29 |

1.	80	00:02:43		173m	15'42"/km
2.	83	00:03:48	00:06:31	270m	14'04"/km
3.	88	00:05:05	00:11:36	312m	16'18"/km
4.	102	00:07:07	00:18:43	583m	12'12"/km
5.	104	00:01:39	00:20:22	151m	10'56"/km
6.	106	00:02:56	00:23:18	371m	7'54"/km
7.	108	00:01:29	00:24:47	223m	6'39"/km
8.	121	00:02:33	00:27:20	243m	10'30"/km
9.	114	00:01:18	00:28:38	124m	10'29"/km
10.	110	00:02:18	00:30:56	209m	11'00"/km
11.	113	00:00:59	00:31:55	140m	7'01"/km
12.	111	00:02:19	00:34:14	189m	12'15"/km
13.	105	00:01:26	00:35:40	175m	8'11"/km
14.	97	00:04:41	00:40:21	542m	8'38"/km
15.	99	00:01:48	00:42:09	175m	10'17"/km
16.	93	00:01:33	00:43:42	184m	8'25"/km
17.	127	00:00:48	00:44:30	84m	9'31"/km
18.	999	00:00:36	00:45:06	157m	3'49"/km



Orienteering Software