



TRAIL RUN PARADISE - ETAPA 2

MARECHAL DEODORO - AL 26.3.2023

TRAIL RUN PARADISE

Sivaldo

FTV

Course : 12 KM SOLO MASCULINO 40-49

Distance : 11600m (Climbing 292m)

Time : 1:38:00,109 (8'27"/km)

8/12

O.K.

[Full result on Webres](#)

1. Alexandre	1:11:09,960
2. José Lima	1:15:12,500
3. Carlos Jorge	1:20:16,609

1.	71	00:30:18		3590m	8'26"/km	DIVISAO DE CATEGORIAS
2.	72	00:13:47	00:44:05	2100m	6'34"/km	LOOP 12KM
3.	73	00:20:20	01:04:25	2020m	10'04"/km	RETORNO 12KM H2O -2
4.	72	00:17:17	01:21:42	2080m	8'19"/km	LOOP 12KM
5.	74	00:05:52	01:27:34	450m	13'02"/km	REENCONTRO CATEGORIAS
6.	999	00:10:26	01:38:00	1310m	7'58"/km	CHEGADA

