



TRAIL RUN PARADISE - ETAPA 2

MARECHAL DEODORO - AL 26.3.2023

TRAIL RUN PARADISE

Adeilda / Eliane

MUTUM

Percurso : 12 KM DUPLA FEMININA

Distancia : 11600m (Desnivel 292m)

Tempo : 1:32:49,917 (8'00"/km)

1/5

O.K.

[Resultados completos em Webres](#)

2. Faby / Michelle	1:55:41,628
3. Nadieje / Yone	1:55:52,812

1.	71	00:29:24		3590m	8'11"/km	DIVISAO DE CATEGORIAS
2.	72	00:13:16	00:42:40	2100m	6'19"/km	LOOP 12KM
3.	73	00:18:54	01:01:34	2020m	9'21"/km	RETORNO 12KM H2O -2
4.	72	00:16:04	01:17:38	2080m	7'43"/km	LOOP 12KM
5.	74	00:06:10	01:23:48	450m	13'42"/km	REENCONTRO CATEGORIAS
6.	999	00:09:01	01:32:49	1310m	6'53"/km	CHEGADA

