



KOS ZILVERMEER

MOL 25.3.2023

K.O.L.

Dieter SELS

hamok

Omloop : H:04

Afstand : 4890m

Tijd : 0:42:51 (8'46"/km)

5/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Frederik MEYNEN | 0:36:26 |
| 2. Winand BERNAERS | 0:37:02 |
| 3. Tom GEYPEN | 0:38:22 |

1.	154	00:01:28		107m	13'42"/km
2.	155	00:00:42	00:02:10	85m	8'14"/km
3.	156	00:00:45	00:02:55	108m	6'57"/km
4.	157	00:01:40	00:04:35	213m	7'49"/km
5.	158	00:00:58	00:05:33	107m	9'02"/km
6.	160	00:01:08	00:06:41	161m	7'02"/km
7.	145	00:01:13	00:07:54	129m	9'26"/km
8.	147	00:00:57	00:08:51	116m	8'11"/km
9.	159	00:01:28	00:10:19	195m	7'31"/km
10.	161	00:01:59	00:12:18	244m	8'08"/km
11.	163	00:02:10	00:14:28	220m	9'51"/km
12.	126	00:03:11	00:17:39	404m	7'53"/km
13.	127	00:01:25	00:19:04	105m	13'30"/km
14.	164	00:03:50	00:22:54	485m	7'54"/km
15.	144	00:04:08	00:27:02	581m	7'07"/km
16.	131	00:02:11	00:29:13	145m	15'03"/km
17.	166	00:02:16	00:31:29	250m	9'04"/km
18.	165	00:01:17	00:32:46	119m	10'47"/km
19.	137	00:01:45	00:34:31	220m	7'57"/km
20.	125	00:01:06	00:35:37	172m	6'24"/km
21.	129	00:02:44	00:38:21	228m	11'59"/km
22.	167	00:02:07	00:40:28	123m	17'13"/km
23.	149	00:00:55	00:41:23	125m	7'20"/km
24.	153	00:01:04	00:42:27	180m	5'56"/km
25.	999	00:00:24	00:42:51	63m	6'21"/km

Orienteering Software