



KOS ZILVERMEER

MOL 25.3.2023

K.O.L.

Noor GEBOERS

Indiv.

Course : H:03

Distance : 1820m

--/7

not classified

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Jens DEFERM | 0:15:32 |
| 2. Gust LOWETTE | 0:17:07 |
| 3. Kobe DEFERM | 0:21:19 |

1.	155	00:02:16		140m	16'11"/km
2.	157	00:05:23	00:07:39	280m	19'14"/km
3.	145	00:03:32	00:11:11	176m	20'05"/km
4.	160	00:03:05	00:14:16	129m	23'54"/km
5.	159	00:02:20	00:16:36	103m	22'39"/km
6.	161	00:04:11	00:20:47	244m	17'09"/km
7.	162	00:03:41	00:24:28	195m	18'53"/km
8.	163	00:04:30	00:28:58	242m	18'36"/km
9.	164	00:06:26	00:35:24	178m	36'09"/km
10.	165	00:11:54	00:47:18	353m	33'43"/km
11.	131	00:05:42	00:53:00	305m	18'41"/km
12.	167	00:01:39	00:54:39	120m	13'45"/km
13.	149	00:01:54	00:56:33	125m	15'12"/km
14.	168	00:03:16	00:59:49	159m	20'33"/km
15.	153	00:02:12	01:02:01	193m	11'24"/km
16.	999	00:00:54	01:02:55	63m	14'17"/km

HELGA

Orienteering Software