



KOS ZILVERMEER

MOL 25.3.2023

K.O.L.

Frank DELAERE

K.O.L.

Course : H:01

Distance : 4780m

Time : 0:53:16 (11'09"/km)

11/15

O.K.

[Full result on Webres](#)

1. Thor WOLLES	0:34:36
2. Kristof WOLLES	0:36:28
3. Kris WYNEN	0:37:19

1.	153	00:01:30		74m	20'16"/km
2.	146	00:04:16	00:05:46	279m	15'18"/km
3.	148	00:01:10	00:06:56	120m	9'43"/km
4.	159	00:00:59	00:07:55	116m	8'29"/km
5.	160	00:00:55	00:08:50	103m	8'54"/km
6.	139	00:01:23	00:10:13	150m	9'13"/km
7.	151	00:01:07	00:11:20	128m	8'43"/km
8.	157	00:02:34	00:13:54	348m	7'23"/km
9.	147	00:00:52	00:14:46	87m	9'58"/km
10.	144	00:01:39	00:16:25	143m	11'32"/km
11.	127	00:04:13	00:20:38	202m	20'52"/km
12.	162	00:01:24	00:22:02	149m	9'24"/km
13.	134	00:01:07	00:23:09	108m	10'20"/km
14.	164	00:04:02	00:27:11	283m	14'15"/km
15.	163	00:03:00	00:30:11	178m	16'51"/km
16.	165	00:04:51	00:35:02	279m	17'23"/km
17.	166	00:01:33	00:36:35	119m	13'02"/km
18.	131	00:01:47	00:38:22	250m	7'08"/km
19.	161	00:03:43	00:42:05	395m	9'25"/km
20.	138	00:01:52	00:43:57	133m	14'02"/km
21.	126	00:02:01	00:45:58	302m	6'41"/km
22.	167	00:02:08	00:48:06	202m	10'34"/km
23.	149	00:00:57	00:49:03	125m	7'36"/km
24.	154	00:01:37	00:50:40	165m	9'48"/km
25.	155	00:00:35	00:51:15	85m	6'52"/km
26.	152	00:01:01	00:52:16	153m	6'39"/km
27.	999	00:01:00	00:53:16	108m	9'16"/km

Orienteering Software