



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Jos VERHEYEN

K.O.L.

Omloop : H75

Afstand : 3580m

Tijd : 0:54:55 (15'20"/km)

9/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Freddy SILLIEN | 0:34:30 |
| 2. Mike IN 'T GROEN | 0:42:31 |
| 3. André PEETERS | 0:47:23 |

1.	36	00:01:11		96m	12'20"/km
2.	39	00:03:48	00:04:59	276m	13'46"/km
3.	32	00:02:22	00:07:21	192m	12'20"/km
4.	47	00:10:07	00:17:28	705m	14'21"/km
5.	54	00:03:20	00:20:48	196m	17'00"/km
6.	55	00:03:54	00:24:42	344m	11'20"/km
7.	91	00:05:20	00:30:02	342m	15'36"/km
8.	90	00:03:38	00:33:40	123m	29'32"/km
9.	63	00:04:43	00:38:23	318m	14'50"/km
10.	89	00:03:34	00:41:57	213m	16'45"/km
11.	87	00:03:09	00:45:06	253m	12'27"/km
12.	97	00:03:52	00:48:58	221m	17'30"/km
13.	61	00:03:38	00:52:36	148m	24'33"/km
14.	999	00:02:19	00:54:55	153m	15'08"/km

HELGA

Orienteering Software