



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Willy LAMON

Altair C.O.

Omloop : H70

Afstand : 3580m

Tijd : 0:44:38 (12'28"/km)

10/19

O.K.

[Volledige uitslagen op Webres](#)

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|----|------------------|---------|
| 1. | Rudy CANTRE | 0:35:55 |
| 2. | Alfred RAES | 0:36:43 |
| 3. | Christian KRINGS | 0:38:03 |

1.	36	00:00:54		96m	9'23"/km
2.	39	00:03:32	00:04:26	276m	12'48"/km
3.	32	00:02:06	00:06:32	192m	10'56"/km
4.	47	00:08:15	00:14:47	705m	11'42"/km
5.	54	00:02:29	00:17:16	196m	12'40"/km
6.	55	00:03:20	00:20:36	344m	9'41"/km
7.	91	00:04:48	00:25:24	342m	14'02"/km
8.	90	00:02:22	00:27:46	123m	19'14"/km
9.	63	00:03:22	00:31:08	318m	10'35"/km
10.	89	00:03:41	00:34:49	213m	17'18"/km
11.	87	00:02:49	00:37:38	253m	11'08"/km
12.	97	00:02:57	00:40:35	221m	13'21"/km
13.	61	00:01:53	00:42:28	148m	12'44"/km
14.	999	00:02:10	00:44:38	153m	14'10"/km

HELGA

Orienteering Software