



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Gunther DEFERME

hamok

Omloop : H50

Afstand : 7320m

Tijd : 0:57:08 (7'48"/km)

5/15

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------------|---------|
| 1. Olivier DE SMUL | 0:49:20 |
| 2. Roland VAN LOON | 0:51:29 |
| 3. Roel VAN DE MOORTELO | 0:53:51 |

1.	39	00:02:35		336m	7'41"/km
2.	41	00:01:03	00:03:38	126m	8'20"/km
3.	46	00:02:52	00:06:30	393m	7'18"/km
4.	49	00:02:44	00:09:14	420m	6'30"/km
5.	52	00:01:00	00:10:14	82m	12'12"/km
6.	54	00:01:59	00:12:13	269m	7'22"/km
7.	56	00:02:37	00:14:50	403m	6'30"/km
8.	60	00:02:23	00:17:13	319m	7'28"/km
9.	63	00:04:13	00:21:26	329m	12'49"/km
10.	64	00:01:05	00:22:31	144m	7'31"/km
11.	66	00:02:36	00:25:07	320m	8'08"/km
12.	67	00:02:52	00:27:59	361m	7'56"/km
13.	70	00:04:17	00:32:16	594m	7'13"/km
14.	74	00:02:49	00:35:05	419m	6'43"/km
15.	78	00:03:31	00:38:36	499m	7'03"/km
16.	81	00:04:37	00:43:13	565m	8'10"/km
17.	84	00:03:06	00:46:19	404m	7'40"/km
18.	89	00:03:23	00:49:42	465m	7'17"/km
19.	37	00:02:44	00:52:26	300m	9'07"/km
20.	97	00:01:57	00:54:23	269m	7'15"/km
21.	61	00:01:29	00:55:52	148m	10'01"/km
22.	999	00:01:16	00:57:08	153m	8'17"/km

Orienteering Software